

# LOUISIANA DEPARTMENT OF INSURANCE JAMES J. DONELON COMMISSIONER

January 10, 2023

The Honorable Patrick Page Cortez

President of the Senate

P.O. Box 94183

Baton Rouge, LA 70804

Via email

apa.senatepresident@legis.la.gov

The Honorable Clay Schexnayder

Speaker of the House

P.O. Box 94062

Baton Rouge, LA 70804

Via email

apa.housespeaker@legis.la.gov

The Honorable Kirk Talbot

Senate Committee on Insurance

P.O. Box 94183

Baton Rouge, LA 70804

Via email

apa.s-ins@legis.la.gov

The Honorable Mike Huval

House Committee on Insurance

P.O. Box 94062

Baton Rouge, LA 70804

Via email

apa.h-ins@legis.la.gov

RE: Notice of Intent to Amend Regulation 103 – Utilization Review Organizations and Independent Review Organizations

Dear President Cortez, Speaker Schexnayder, Senator Talbot, and Representative Huval:

The Department of Insurance, pursuant to the authority of the Louisiana Insurance Code, R.S. 22:1 et seq., and in accordance with the Administrative Procedure Act, R.S. 49:950 et seq., gives notice of its intent to amend Regulation 103 – Utilization Review Organizations and Independent Review Organizations. The purpose of the amendment to Regulation 103 is to provide the requirements for incomplete requests for external review as provided in Act 81 of the 2022 Regular Session of the Louisiana Legislature and to make technical changes.

Enclosure: NOI to Amend Regulation 103 – Utilization Review Organizations and Independent Review Organizations

#### NOTICE OF INTENT

#### Department of Insurance

#### Office of the Commissioner

Regulation 103—Utilization Review Organizations and Independent Review Organizations (LAC 37:XIII.Chapter 62)

The Department of Insurance, pursuant to the authority of the Louisiana Insurance Code, R.S. 22:1 et seq., and in accordance with the Administrative Procedure Act, R.S. 49:950 et seq., hereby gives notice of its intent to amend Regulation 103—Utilization Review Organizations and Independent Review Organizations. The purpose of the amendment to Regulation 103 is to provide the requirements for incomplete requests for external review as provided in Act 81 of the 2022 Regular Session of the Louisiana Legislature and to make technical changes.

#### **Title 37**

#### **INSURANCE**

#### Part XIII. Regulations

## Chapter 62. Regulation Number 103—Utilization Review Organizations and Independent Review Organizations

#### §6209. Requesting an External Review

- A. All requests for external review must be made by the health insurance issuer through the IRO review request module, which can be accessed via the industry access link on the LDI's website: www.ldi.la.gov. When a covered person or his authorized representative requests an external review, the health insurance issuer shall notify the LDI by entering this request via the link. The request must be entered even if the health insurance issuer determines the request is ineligible for review.
- B. If the covered person or his authorized representative requests an external review, but the health insurance issuer determines that the request is not complete, the health insurance issuer shall notify the LDI through the IRO review request module described in §6209.A by completing the field indicating that the covered person's or his authorized representative's request is incomplete and stating with specificity the information or materials needed to make the request complete. Such notice shall be provided to the LDI within five business days following the date of receipt of the external review request from the covered person or his authorized representative pursuant to R.S. 22:2436.
- C. If the covered person or his authorized representative requests an external review, but the insurer health insurance issuer denies the request as being ineligible pursuant to R.S. 22:2436(B), the covered person or his authorized representative may appeal in writing to the commissioner. The health insurance issuer and the covered person or his authorized representative both may submit additional documentation, such as the policy to verify coverage limitations as well as dates of coverage, documentation of service dates, etc., to help establish why the denial should be upheld or reversed. However, no medical or protected health information should be submitted to the commissioner for this review, unless such information is determinative of the issue in the appeal.
- D. Upon receipt of an appeal of a health insurance issuer's eligibility determination, the LDI may contact the health insurance issuer's designated contact to request additional information, if necessary. Therefore, all health

insurance issuers should ensure that the designated contact's information is regularly updated in the industry access portal, as all electronic communications, including assignment of a case to an IRO, reporting of an IRO's external review results, reporting of the commissioner's decision on eligibility for an external review, etc., will be sent automatically to the designated contact of record that is on file with the LDI.

E. To facilitate notice of the right to appeal a determination of ineligibility to the commissioner, the health insurance issuer shall include the reason for ineligibility, as well as the following language (or language that is substantially similar), in its notice to the covered person:

"[Name of health insurance issuer] has determined that your request for an independent external review of your adverse determination does not meet the eligibility requirements for independent external reviews because [reason]. However, [name of health insurance issuer]'s determination that you are ineligible for an external review may be appealed to the Commissioner of Insurance, who has the authority to reverse [name of health insurance issuer]'s decision and order an independent external review of your adverse determination. If you wish to appeal this decision, you should go to the following website: https://ldi.la.gov/OnlineServices/IROConsumerAppeals.

Once you access the website, enter your last name and case number where instructed. Following verification of your name and case number, you will be able to enter the reasons you believe your adverse determination should be eligible for an independent external review. If you have questions or if you or your authorized representative is unable to access the website, you may contact the Louisiana Department of Insurance by email at ConsumerAppeals@ldi.la.gov or by telephone at (225) 342-1355. Your case number is

- 1. Health insurance issuers must also upload a copy of the adverse determination letter when reporting external review requests that have been deemed ineligible.
- F. If the covered person or his authorized representative requests an external review and the health insurance issuer does not deny the request as being ineligible or if the commissioner reverses a request that the health insurance issuer had deemed ineligible for external review, the health insurance issuer must submit the request to the LDI for assignment of an external review by using the IRO review request form which can be located on the LDI website, www.ldi.la.gov via the industry access portal.
- G. When completing the IRO review request form, the health insurance issuer must enter the following information:
  - 1. covered person's name;
  - 2. covered person's contact information (address, telephone, email address, fax);
  - 3. name of covered person's authorized representative (if applicable);
  - 4. authorized representative's contact information (if applicable);
  - 5. policy/contract number;
  - 6. name of primary care doctor or specialist;
  - 7. type of specialty;
  - 8. type of appeal requested: medical, rescission or experimental;

- 9. type of appeal requested: standard or expedited;
- 10. result of request: eligible or ineligible.
- H. Once the case has been assigned, neither the covered person nor the health insurance issuer may request the case be reassigned to another IRO, as all IRO assignments are final, unless reassignment is necessary pursuant to §6211.E.

AUTHORITY NOTE: Promulgated in accordance with R.S. 22:2436 and R.S. 22:2452.

HISTORICAL NOTE: Promulgated by the Department of Insurance, Commissioner of Insurance, LR 41:2174 (October 2015), amended LR

#### **Family Impact Statement**

- 1. Describe the Effect of the Proposed Regulation on the Stability of the Family. The proposed regulation should have no measurable impact upon the stability of the family.
- 2. Describe the Effect of the Proposed Regulation on the Authority and Rights of Parents Regarding the Education and Supervision of their Children. The proposed regulation should have no impact upon the rights and authority of parents regarding the education and supervision of their children.
- 3. Describe the Effect of the Proposed Regulation on the Functioning of the Family. The proposed regulation should have no direct impact upon the functioning of the family.
- 4. Describe the Effect of the Proposed Regulation on Family Earnings and Budget. The proposed regulation should have no direct impact upon family earnings and budget.
- 5. Describe the Effect of the Proposed Regulation on the Behavior and Personal Responsibility of Children. The proposed regulation should have no impact upon the behavior and personal responsibility of children.
- 6. Describe the Effect of the Proposed Regulation on the Ability of the Family or a Local Government to Perform the Function as Contained in the Rule. The proposed regulation should have no impact upon the ability of the family or a local governmental unit to perform the function as contained in the rule.

#### **Poverty Impact Statement**

- 1. Describe the Effect on Household Income, Assets, and Financial Security. The proposed regulation should have no effect on household income assets and financial security.
- 2. Describe the Effect on Early Childhood Development and Preschool through Postsecondary Education Development. The proposed regulation should have no effect on early childhood development and preschool through postsecondary education development.
- 3. Describe the Effect on Employment and Workforce Development. The proposed regulation should have no effect on employment and workforce development.
- 4. Describe the Effect on Taxes and Tax Credits. The proposed regulation should have no effect on taxes and tax credits.
- 5. Describe the Effect on Child and Dependent Care, Housing, Health Care, Nutrition, Transportation and Utilities Assistance. The proposed regulation should have no effect on child and dependent care, housing, health care, nutrition, transportation, and utilities assistance.

#### **Small Business Analysis**

The impact of the proposed regulation on small businesses as defined in the Regulatory Flexibility Act has been considered. It is estimated that the proposed action is not expected to have a significant adverse impact on small businesses. The agency, consistent with health, safety, environmental and economic welfare factors has considered and, where possible, utilized regulatory methods in the drafting of the proposed regulation that will accomplish the objectives of applicable statutes while minimizing the adverse impact of the proposed regulation on small businesses.

- 1. Identification and Estimate of the Number of the Small Businesses Subject to the Proposed Rule. The proposed regulation should have no measurable impact upon small businesses.
- 2. The Projected Reporting, Record Keeping, and Other Administrative Costs Required for Compliance with the Proposed Rule, Including the Type of Professional Skills Necessary for Preparation of the Report or Record. The proposed regulation should have no measurable impact upon small businesses.
- 3. A Statement of the Probable Effect on Impacted Small Businesses. The proposed regulation should have no measurable impact upon small businesses.
- 4. Describe any Less Intrusive or Less Costly Alternative Methods of Achieving the Purpose of the Proposed Rule. The proposed regulation should have no measurable impact on small businesses; therefore, there is no less intrusive or less costly alternative method of achieving the purpose of the proposed regulation.

#### **Provider Impact Statement**

- 1. Describe the Effect on the Staffing Level Requirements or Qualifications Required to Provide the Same Level of Service. The proposed regulation will have no effect.
- 2. The Total Direct and Indirect Effect on the Cost to the Provider to Provide the Same Level of Service. The proposed regulation will have no effect.
- 3. The Overall Effect on the Ability of the Provider to Provide the Same Level of Service. The proposed regulation will have no effect.

#### **Public Comments**

Interested persons who wish to make comments may do so by writing to Jennifer Land, Staff Attorney, Louisiana Department of Insurance, P.O. Box 94214, Baton Rouge, LA 70804-9214, by faxing comments to (225) 342-1632, or electronically at <a href="mailto:regulations@ldi.la.gov">regulations@ldi.la.gov</a>. Comments will be accepted through the close of business, 4:30 p.m., February 9, 2023.

James J. Donelon Commissioner

#### Fiscal and Economic Impact Statement

1. ESTIMATED IMPLEMENTATION COSTS (SAVINGS) TO STATE OR LOCAL GOVERNMENTAL UNITS. (Summary)

The proposed rule is not anticipated to result in implementation costs or savings to the state or local governmental units. The proposed rule is being promulgated to amend the requirements for incomplete requests for external review as provided in Act 81 of the 2022 Regular Session of the Louisiana Legislature.

2. ESTIMATED EFFECT ON REVENUE COLLECTIONS OF STATE OR LOCAL GOVERNMENTAL UNITS. (Summary)

The proposed rule will have no impact on state or local governmental revenues.

3. ESTIMATED COSTS AND/OR ECONOMIC BENEFITS TO DIRECTLY AFFECTED PERSONS, SMALL BUSINESSES, OR NON-GOVERNMENTAL GROUPS. (Summary)

The proposed rule is being amended to provide for the requirements for incomplete requests for external review as provided for in Act 81 of the 2022 Regular Legislative Session. This will better clarify the process of requesting an external review of Utilization and Independent Review Organizations.

4. ESTIMATED EFFECT ON COMPETITION AND EMPLOYMENT. (Summary)

The proposed rule will have no impact upon competition and employment in the state.

## FISCAL AND ECONOMIC IMPACT STATEMENT FOR ADMINISTRATIVE RULES

Person					
Preparing		Department: Louisiana Department			
Statement	t: Anita R. Robert	of Insurance			
Phone:	(225) 219-0609	Office: Management & Finance			
Return Ad	ddress: P.O. Box 94214	Rule Title: Utilization Review Organization			
	Baton Rouge, LA	and Independent Review			
	70804-9214	Organizations			
		Effective Date: Upon Publication			
	CI De				
		MARY ete Sentences)			
In accord		uisiana Revised Statutes, there is hereby submitted a			
fiscal and FOLLOW	economic impact statement on the rule	proposed for adoption, repeal or amendment. THE CHED WORKSHEETS, I THROUGH IV AND WILL			
I.	ESTIMATED IMPLEMENTATION COS GOVERNMENTAL UNITS. (Summary)				
	The proposed rule is not anticipated to a	esult in implementation costs or savings to the state or			
		rule is being promulgated to amend the requirements			
		ew as provided in Act 81 of the 2022 Regular Session			
	of the Louisiana Legislature.				
II.	ESTIMATED EFFECT ON REVENUE O	OLLECTIONS OF STATE OR LOCAL			
•••	GOVERNMENTAL UNITS. (Summary)				
	The proposed rule will have no impact of				
	The proposed rule will have no impact o	at state of tocar governmental revenues.			
III. ESTIMATED COSTS AND/OR ECONOMIC BENEFITS TO DIRECTLY AFFECTED					
	PERSONS, SMALL BUSINESSES, OR N	ON-GOVERNMENTAL GROUPS. (Summary)			
	for external review as provided for in Ad	provide for the requirements for incomplete requests at 81 of the 2022 Regular Legislative Session. This will an external review of Utilization and Independent			
IV. ESTIMATED EFFECT ON COMPETITION AND EMPLOYMENT. (Summary)					
	The proposed rule will have no impact of	on competition and employment in the state.			
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	ardner, Chief of Staff	Legislative l'iscal Officer or Designee			
La. Depar	rtment of Insurance				
	1/9/22	1 10/02			
		(/1/25			
	Date of Signature	Date of Signature			

### FISCAL AND ECONOMIC IMPACT STATEMENT FOR ADMINISTRATIVE RULES

The following information is required in order to assist the Legislative Fiscal Office in its review of the fiscal and economic impact statement and to assist the appropriated legislative oversight subcommittee in its deliberations on the proposed rule.

A. Provide a brief summary of the content of the rule (if proposed for adoption or repeal) or a brief summary of the change in the rule (if proposed for amendment). Attach a copy of the notice of intent and a copy of the rule proposed for initial adoption or repeal (or, in the case of a rule change, copies of the current and proposed rules with amended portions indicated).

The proposed rule is not anticipated to result in implementation costs or savings to the state or local governmental units. The proposed rule is being promulgated to amend the requirements for incomplete requests for external review as provided in Act 81 of the 2022 Regular Session of the Louisiana Legislature. This will better clarify the process of requesting an extrenal review of Utilization and Independent Review Organizations.

B. Summarize the circumstances which require this action. If the action is required by federal regulations, attach a copy of the applicable regulation.

The Louisiana Department of Insurance (LDI) is tasked with administering the Insurance Code, which regulates the business of insurance in all of its phases. The proposed rule is being promulgated to amend the requirements for incomplete requests for external review as provided in Act 81 of the 2022 Regular Session of the Louisiana Legislature..

- C. Compliance with Act 11 of the 1986 First Extraordinary Session:
  - (1) Will the proposed rule change result in any increase in expenditure of funds? If so, specify the amount and source of funding.

No increase in expenditure of funds is anticipated as a result of the proposed rule.

(2) If the answer to (1) above is yes, has the Legislature specifically appropriated the funds necessary for the associated expenditure increase?

Yes.	If yes, provide documentation.
	If no, provide justification as to why this rule change should be published
this time	

### PISCAL AND ECONOMIC IMPACT STATEMENT WORKSHEET

#### I. A. COSTS OR SAVINGS TO STATE AGENCIES RESULTING FROM ACTION PROPOSED.

1. What is the anticipated increase (decrease) in costs to implement the proposed action?

LDI does not anticipate any implementation costs (savings) as a result of the proposed rule.

COSTS	FY 23	FY 24	FY 25
Personal Services	0	0	0
Operating Expenses	0	0	0
Professional Services	0	0	0
Other Charges	0	0	0
Equipment	0	0	0
Major Repairs & Constr.	0	0	0
TOTAL	C	0	0
POSITIONS (#)			<b>1</b>

Provide a narrative explanation of the costs or savings shown in "A.1" above, including the
increase or reduction in workload or additional paperwork (number of new forms, additional
documentation, etc.) anticipated as a result of the implementation of the proposed action.
 Describe all data, assumptions, and methods used in calculating these costs.

The proposed rule will have no impact on state or local governmental expenditures.

3. Sources of funding for implementing the proposed rule or rule change.

SOURCE	FY 23	FY 24	FY 25
STATE GENERAL FUND	0	0	0
AGENCY SELF- GENERATED	0	0	0
DEDICATED	0	0	0
FEDERAL FUNDS	0	0	0
OTHER (SPECIFY)	0	0	0
TOTAL	0	0	0

4. Does your agency currently have sufficient funds to implement the proposed action? If not, how and when do you anticipate obtaining such funds?

No additional funding is necessary as a result of the proposed rule.

#### COSTS OR SAVINGS TO LOCAL GOVERNMENTAL UNITS RESULTING FROM THE ACTION PROPOSED.

Provide an estimate of the anticipated impact of the proposed action on local governmental
units, including adjustments in workload and paperwork requirements. Describe all data,
assumptions and methods used in calculating this impact.

There is no impact on local governmental units as a result of the proposed rule.

Indicate the sources of funding of local governmental unit(s) which will be affected by these cost or savings.

Not applicable.

## FISCAL AND ECONOMIC IMPACT STATEMENT WORKSHEET (Continued)

#### II. EFFECT ON REVENUE COLLECTIONS OF STATE AND LOCAL GOVERNMENTAL UNITS

A. What increase (decrease) in revenues can be anticipated from the proposed action?

The proposed rule will have no impact on state or local governmental revenues.

REVENUE INCREASE/DECREASE	FY 23	FY 24	FY 25
STATE GENERAL FUND	0	0	0
AGENCY SELF- GENERATED	0	0	0
DEDICATED FUNDS*	0	0	0
FEDERAL FUNDS	0	0	i i
LOCAL PUNDS	0	0	0
TOTAL	0	0	

<sup>\*</sup>Specify the particular fund being impacted.

B. Provide a narrative explanation of each increase or decrease in revenues shown in "A".
Describe all data, assumptions and methods used in calculating these increases or decreases.

The proposed rule will have no impact on state or local governmental revenues.

### III. COSTS AND/OR ECONOMIC BENEFITS TO DIRECTLY AFFECTED PERSONS, SMALL BUSINESSES, OR NON-COVERNMENTAL GROUPS

A. What persons, small businesses, or non-governmental groups would be directly affected by the proposed action? For each, provide an estimate and a narrative description of any effect on costs, including workload adjustments and additional paperwork (number of new forms, additional documentation, etc.) they may have to incur as a result of the proposed action.

The proposed rule is being amended to provide for the requirements for incomplete requests for external review as provided for in Act 81 of the 2022 Regular Legislative Session. This will better clarify the process of requesting an external review of Utilization and Independent Review Organizations.

B. Also provide an estimate and a narrative description of any impact on receipts and/or income resulting from this rule or rule change to these groups.

The proposed rule is not anticipated to impact on receipts or income of directly affected persons, small businesses, or non-governmental groups.

### IV. BEFECIS ON COMPETITION AND EMPLOYMENT

Identify and provide estimates of the impact of the proposed action on competition and employment in the public and private sectors. Include a summary of any data, assumptions and methods used in making these estimates.

The proposed rule will have no impact on competition and employment in the state.